

Call 234-5521 Classified Ads Deadline 5 P.M. Monday

Classified Directory

1. Public/Legal Notices
2. Personals
3. Lost and Found
4. Cards of Thanks
5. Miscellaneous
6. Entertainment
7. Child Care
8. Help Wanted
9. Work Wanted
10. Business Opportunity
11. Pets and Livestock
12. Farm Equip/Supplies
13. Garage Sales
14. Articles for Sale
15. Articles Wanted
16. Office Space

2 Personals

LONELY? Need companionship? Adults or children—adopt a gentle kitten. Best medicine! Call 234-5034.

4 Cards of Thanks

I want all of you who were so thoughtful to me during my stay in the Eagle Lake Community Hospital and during my recovery to know that I appreciate your many kindnesses.

I wish to thank you for your calls, visits, cards, gifts and, most of all, for your prayers. I am grateful for the wonderful care given me by Dr. Stephen E. Edwards and Dr. H.L. Griffin.

May God bless you, Jimmie Scott

5 Miscellaneous

SUBSCRIBE NOW!!
HOUSTON POST
Call Anytime.
234-5113

I would like to express my deep appreciation to my family and friends for their concern and support during my recent illness. For the flowers, food, cards, visits and many other ways you have all helped.

My thanks also to the Eagle Lake Volunteer Ambulance Corps and the Eagle Lake Police Department.

My special thanks are also extended to Frances Cowley & Jennifer Jobe for their understanding, time and the many ways they have helped me.

Thank you and may God bless each and every one of you.

Genevieve Wells

4 Cards of Thanks

I would like to thank everyone for the flowers, cards, fruit basket and visits during my stay in the Eagle Lake Community Hospital.

Special thanks to the Rev. Ode Rhodes, Penn Thompson, C.C.V.E.A.C., Mrs. Ode Rhodes, Mrs. Jennifer Barrow, Dr. Ugaris, and the hospital staff.

May God Bless All of You,
Ms. Sue Ann Scott

5 Miscellaneous

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Emotions

Thursday, August 15
Riverside Hall
East Bernard
9 to 1
Emotion Olympics FINALS

MAIN STREET CLUB

Columbus, Texas
Open 7 to 2; Thursday, Friday & Saturday
Downtown Columbus

Thursday, August 15
LADIES NIGHT Music By BRAZOS
Country Music with a Touch of Rock.
Ladies — Buy a Cup and Drink
FREE BEER & BAR DRINKS from 8:30 to 11

Friday, August 16
Music By XPLORER
Rock & Roll
50¢ Draft Beer For Everyone
From 9 to 11

Saturday, August 17
Music By BRAZOS
50¢ TEQUILA NIGHT
From 9 to 11

FOR PARTY RESERVATIONS CALL 732-8060

Circle D Danceland

Next to the bowling alley in Altair, Texas

Friday, Aug. 16
Rock & Roll, and Oldies

DJ NO COVER
Charge 9 to 12

Saturday, Aug. 17
Country Music By Texas
9 to 1
\$3 Pitcher of Beer 5 to 10
Country & Western Music

Headlight Classifieds... We Work For You

234-5521

CHILD CARE

in my home
7 a.m. - 6:30 p.m.
Night Care Also
234-3897
Beginning August 15th
in the home of Maria Ugarte

304 Burns Ave.

2BR house.
308 Burns Ave.
2BR house.

Waverly & Connor
Streets.
Various Lots.
Asphalt Estates.
Call 234-5521.

1100 Down
Ponderton St.
House, 3 lots.
Ponderton St.
3 lots.
Burns Ave.
1 lot.
Third Street.
3 lots.

Roy D. Van Nort
234-7421

Town & Country Realty

Zeida Walker Realtor

234-3821 or 234-3837
Franklin Walker Associates
234-5118

11 Pets and Livestock

FREE TO GOOD HOME.
Good watch dog; part beagle, nine months old.
Call 234-3206.

12 Farm Equip/Supplies

WANT TO BUY ELECTRIC TRAINS

Old or New
Call Custom Woodcraft
234-3721

Herschel Easy Ricer

Double Sickle Cutter Bar
Sets & Parts On Hand!

W.A. Virnau & Sons, Inc.
FM 3013
Eagle Lake, TX.
234-5312

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Eagle Lake, TX.
234-5312

FM 3013
Eagle Lake, TX.
234-5312

FOR RENT 1 Bedroom Apartments

For Senior Citizens and Handicapped
Rent Based On Income
Kevin Court Apts.
400 S. Austin Road
Eagle Lake
234-2855

14 Articles for Sale

For sale: neat aquarium, 15 gallon with stand. Reconditioned 7 h.p. Kohler engine for garden tractor or riding lawnmower. Call 234-5104.

Elegant, hand made, 8' Cedar Bar, Resin finish, brass footers. Beautiful for game room, den. \$1,300 or best offer. 1-335-4375.

Wood Normandy clarinet in very good condition. Call 234-3622.

For sale: 14x65 Kinswood mobile home. Very good condition. Also 1970 Volkswagen Beetle. 409-234-6492.

8 ft. No. 1000 others in good condition. \$200. case included. Rachelle Hunt, 736-3498.

14 Articles for Sale

FISH FOR SALE
Humpback - Bluecat - Fingerling
The Sportsman's fish for stocking your stock tanks & lakes or reservoirs. Fast growing with excellent meat quality.
Also Hybrid Perch, Minnows, Bass & Channel Cats

Kenneth Henneke
Route 1, Box 54
Hallettsville, Texas 77964
817/736-5634

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FOR SALE Appealing Duplex

In good neighborhood, easily converted to 3-bdrm., 2-bath house.
234-3505

REPOSSESSED DOUBLEWIDE

Our repossessed Doublewides are a good way to buy a home with low down payment.

*Low interest rates 8.9% to 11.9%
*Only \$500 down. Free delivery and set-up on your property is included!
*Beautiful three and four bedrooms, late models. Limited Supply.

ROSENBERG MANUFACTURED HOMES
Highway 36 South 342-6181
"Mobile Home Prices are Lower in Rosenberg"

22 Mobile Homes for Rent

Mobile home for rent: 2 bedroom, fully furnished with washer and dryer. Call evenings for Ed Wiese, 234-2334.

Trailer homes for rent in Altair, \$50 to \$125 per week, maid service and utilities included. Call 234-2097.

NEW DOUBLEWIDE: 1230 sq. ft. Fleetwood, double insulation, vaulted ceilings, plywood floors, 3 bedroom, 2 bath, delivered and set up on your location. Only \$8,800! Rosenberg Mobile Factory Outlet, 713-342-6182.

New and used mobile homes for rent, low move in, option to own. 713-391-7514.

Repossessed 14x60 deluxe 3 bedroom, 2 bath, 9 foot raised ceilings, new carpet, new refrigerator, central air, free delivery. Assume 10.5% loan. \$5000 down, only \$279 per month. Rosenberg Mobile Factory Outlet, 713-342-6182.

This week's special: '85 model 2 bedroom with air, delivered, \$249 per month. INCLUDES PARK RENT. Holworth-Brookshire, 713-391-3195. 10% down, 14.5%, 15 years.

NO MONEY DOWN, assume payments \$271; 1985 14x30 3 bedroom, 2 bath mobile home, cathedral ceilings. Call 234-7422.

30 Repairs & Services

FREE ESTIMATES, pickup and delivery, Jim's Custom Upholstery. 234-3688.

PAYROLL SERVICES

Save Yourself the Headaches of all that PAPERWORK!!

Starting at \$25.00 per week
Includes Quarterly Reports

Eagle Lake Headlight
220 E. Main 234-5521

19 Houses for Rent

FOR RENT: 2 bedroom, 1 bath house located on Dewey St. Will be available 9-15-85.
\$50 pm.
Rock Island: Rent or sell, large 7 room house, 2 baths, 6 plus acres, \$375 month, \$250 deposit. 1-732-3306, 1-714-688-0250.

14 Articles for Sale

FISH FOR SALE
Humpback - Bluecat - Fingerling
The Sportsman's fish for stocking your stock tanks & lakes or reservoirs. Fast growing with excellent meat quality.
Also Hybrid Perch, Minnows, Bass & Channel Cats

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Route 1, Box 54
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Black & White Page Directory

BUSINESSES and SERVICES
YOUR WEEKLY QUICK REFERENCE PAGE FOR MERCHANDISE AND SERVICES YOU CAN USE.

Commercial - Residential Automobiles, Vans & RV's
G&R Carpet & Upholstery Cleaning Service
Dry Foam FREE ESTIMATES
George Letimer
409-263-5204
Rt. 1, Box 290, Weimar

Cement Work Finishers

Driveways...
Sidewalks...
Patios...
House Slabs

ROY MORALES
234-3714
234-3419

NEED EXPERT

A/C, Refrigeration, Appliance Service & Repair?

We Are Factory Franchised Service Representatives for

and Whirlpool

We Also Service All Major Brands of Air Conditioners and Appliances

Burford's Service & Repair
809 Preston 232-2732
or Call The Furniture Shops at 234-2534 or Struss Auto at 234-2020 for an Appointment

Looking for calcium

By Peggy Kalina
County Extension Agent, Columbus

It's no secret that everyone needs calcium for good nutrition and that calcium is most easily gotten from consuming dairy products like milk, cheese and yogurt.

But some people still think they can get plenty of calcium without eating dairy products. So let's take a "tour" of the other food groups to look for the best sources of calcium in each.

The protein group, which includes meat, poultry, fish and some legumes, contains a few foods that contribute calcium to the diet. For example, canned salmon and sardines, when served with their bones, supply calcium. But you have to eat the bones to get the calcium. Tofu (soybean curd) can be a good source of calcium if it's processed with calcium sulfate, otherwise it's not a good source.

In the fruit and vegetable group, most foods are poor sources of calcium. But some leafy greens like collards, kale, mustard and turnip greens and bok choy contain moderate amounts.

Cereals and grains are poor sources of calcium. The milk and baking powder used to make foods from this group, however, do provide moderate amounts of calcium.

The fats, oils and alcohol group contains foods that are low in most nutrients and usually high in calories. The one food from this category that supplies some calcium is molasses.

"Combination" foods, or those dishes that use ingredients from several food groups, don't have a special category. But many combination foods like pizza, macaroni and cheese or soups made with milk do contribute calcium to the diet. Of course, these dishes are a good source of calcium primarily because they contain ingredients from the milk group.

Although we've looked for calcium in all the food groups, there isn't that much to be found. Selecting dairy foods each day is still the best way to make sure you're getting the calcium you need.

The next time you check the price label on your favorite dairy product, remember all those "bargain" nutrients you're getting for the money.

If we can be of any assistance in marketing or hauling your livestock, call collect 409-732-2522 or 409-732-5641. We have top market sales at Columbus Livestock Market every Thursday.

Cattle on hand, 1284; hogs, 26; sheep, 4; horses, 4.

Packer Cows: higher dressing utility and cuter cows, 38 to 43 cents per pound; lower dressing utility and cuter cows, 35 to 38 cents per pound; light weight canner cows, 25 to 34 cents.

Packer Bulls: heavy weight, 48 to 53 cents per pound; utility and cuter, 44 to 48 cents per pound; standard, 46 to 51 cents; utility, 45 to 50 cents.

Butcher Calves and Yearlings: good to choice, 61 to 65 cents per pound; lambs, per pound, standard, 46 to 51 cents; utility, 45 to 50 cents.

Sheep: ewes, 6 to 10 cents per pound; lambs, per pound, standard, 46 to 51 cents; utility, 45 to 50 cents.

Medical Explorers Post No. 1125

recently toured Texas Medical Center

On Thursday, August 8 the Medical Explorers Hospital conference room. Dr. Ronald Cochran of Wharton will be the guest speaker.

All interested students are invited to attend.

Get Some Bright Ideas

You can turn to the Consumer Information Catalog to turn you on to new ideas that help solve problems and brighten your world.

The Catalog lists more than 200 federal publications you can send for. Many are free, all are helpful, and they cover a variety of topics. The Consumer Information Center of the U.S. General Services Administration puts the Catalog together quarterly to make sure you get the most up-to-date information.

So send for a copy and shed some light on your problems. It's free for the asking. Just write—

Consumer Information Center
DEPT. LB
PUEBLO, COLORADO 81009

FARM & IRRIGATION EQUIPMENT

New & used farm & irrigation equipment
Used complete irrigation wells
Various pipe, fitting & fittings
We buy, sell or trade

K&S Enterprise
409-335-6130

NOW RENTING New Mini Storages

5 x 10 — \$15.00
10 x 10 — 25.00
10 x 24 — 35.00
All Sizes Available

Call 234-3831
or inquire at Dan's Minute Stop
601 E. Main, Eagle Lake

CLEANING

Exterior of Houses or Trailers,
Sidewalks and Driveways.
Time to Remove that
Mildew & Dooder Nests

Call Evenings
Ed and/or Kenneth Wiese
234-2334

Nixon Feather Fest

South Texas' latest growing annual community festival — the Nixon Feather Fest — will be held this coming Labor Day weekend, August 31 and September 1, in downtown Nix.

Live music will be the thrust of the two-day festival. Highlighting the four-day lineup will be country music star Kenny Dale and his band. Bordenline performing at a special Saturday night (August 31) street dance from 8:00 p.m. to 12:30 a.m. The dance will be 17 for the adults and \$3 for children under 12.

Bobby Ray and the Spring Creek Band, from Corpus Christi, will perform on Sunday afternoon from 12:00 p.m. to 1:00 p.m. The Armadillo Express, from San Antonio, will play on Sunday afternoon from 1:00 p.m. to 2:00 p.m. and Stone County, from Nixon, will take the stage for a free street dance on Sunday night (September 1) from 7-11 p.m.

Another annual happening of great fun and surprise is the Feather Fest Chicken Cook-off, which is open to all citizens.

At 8 p.m., the annual Nixon Olympics — a fulfilled battle among area businesses — will be held. The Nixon Feather Fest is held by the old railroad days in downtown Nixon, which is located 50 miles east of San Antonio at the intersection of U.S. 87 and Texas Highway 80.

Columbus Livestock Market

The market this week was stronger across the board from last week's market. We saw a complete turn around from last week's market, said George Hagan and Don McAllister.

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